

# BULLETIN

## COVID-19 REMINDERS - December 1, 2020

A goal we share together:

**‘Keep your colleagues safe from COVID.’**

We KNOW what to do! We have all the needed requirements and protocols in place.

Our policies, requirement and protocols are based on knowledge that even healthy feeling people can transmit the virus. Those who have different thoughts on COVID know they still must follow our policies and requirements.

### Today's Reminders:

- IF someone tests positive and you're asked to leave work, do so calmly.
- IF business is interrupted or your shift is cancelled, keep your phone on you in case you're called with an update. Periodically, [call 519 455-0770](tel:5194550770) and [select option # 8](#) for an update OR [check the Company website](#). When we have details, they will be left on Option #8 and our Website.
- Call either Sherry Lynn Pette (ext.213) or Suzanne Jaekel (ext. 285) and do NOT come to work unless cleared If:
  - You have any symptoms listed in our policy and handout (Fever or chills, difficulty breathing or shortness of breath, a cough, sore throat, trouble swallowing, runny nose/stuffy nose or nasal congestion, decrease or loss of smell or taste, nausea, vomiting, diarrhea, abdominal pain, not feeling well, extreme tiredness, sore muscles)
  - You have been exposed to someone who tested positive for COVID
  - You have been exposed to a probable case of COVID
  - You traveled outside of Canada within the last 14 days
- Wear a mask / face covering properly (Over your mouth and nose)
  - Remember the antifog glasses / spray and certain masks help!
- Wash / sanitize your hands frequently
- Remain 6 feet apart whenever possible ( even when wearing a mask)
- Ensure Contractors are pre-approved and screened
- Wipe down touch points before and after use.
  - Extra cleaning will continue to occur as well.

**To Continued Progress!**